

MEDICATION THERAPY MANAGEMENT

1. The general assembly finds the following:
 - a. The prevalence of adverse events and complications relating to drug therapy is a significant public health problem resulting in serious health risks and reduced quality of life for patients, and additional costs to the health care system.
 - b. The demonstrated success and cost-effectiveness of medication therapy management programs to reduce preventable adverse drug therapy events could be significantly expanded if incorporated into all public and private health benefit plans.
 - c. The utilization of medication therapy management services is consistent with the concepts of collaborative team based delivery of care and the patient centered medical home.

2. The insurance commissioner shall adopt rules in accordance with chapter 17A regarding coverage benefits for medication therapy management based upon all of the following:
 - a. Medication therapy management service coverage shall be a required covered benefit for all insureds meeting any of the following criteria:
 1. An individual taking four or more prescription drugs to treat or prevent two or more chronic medical conditions.
 2. An individual with a prescription drug therapy problem who is identified by the prescribing physician or other appropriate prescriber, and referred to a pharmacist for medication therapy management services.
 3. An individual who meets other criteria established by the commissioner by rule in consultation with the director of public health.
 4. An individual who meets other criteria established by the health benefit plan.
 - b. The fees for medication therapy management services shall be separate from the reimbursement for prescription drug product or dispensing services; shall be determined by each health benefit plan; and must be reasonable based on the resources and time required to provide the service.

3. For the purposes of this section, "medication therapy management" means a systematic process performed by a licensed pharmacist, designed to optimize therapeutic outcomes through improved medication use and reduced risk of adverse drug events, including the following services:
 - a. A medication therapy review of all medications currently being taken by an eligible individual.
 - b. A medication action plan communicated to the patient and/or the patient's primary care physician or other appropriate prescriber to address safety issues, inconsistencies, duplicative therapy, omissions and evaluating medication costs. The medication action plan may include recommendations to the prescriber for changes in drug therapy.
 - c. Documentation and follow-up to ensure consistent levels of pharmacy services and positive patient outcomes.

4. If any part of the medication therapy management provided by a pharmacist incorporates service activities which fall outside the pharmacist's independent scope of practice including the initiation of therapy, modification of dosages, therapeutic interchange, or changes in drug therapy, the express authorization of the patient's physician or other appropriate prescriber would be required. Express authorization as mentioned in this section includes, but is not limited to, a collaborative practice agreement.